



Why Become A *Triathlon Junkie*?

The **Triathlon Junkie Tri Club** is not the largest triathlon club in the DFW metroplex. Neither is it the best. We admit that. What we are is new, becoming official January 1, 2008. Hopefully we are also original, in that we do not copy other triathlon clubs; but search for and go our own direction. Our goal is to serve our members in their endeavor to be triathletes.

We are making mistakes and will continue to make mistakes as we go. But, hey isn't that the same as in training.... learn by your mistakes and get better. Perhaps, someday we will be the biggest and the best. Our main goal though is to have club members who wear their club jerseys with pride.

Our Club provides a connecting point for triathletes in and around the southern DFW metroplex area to meet, train, share workouts and support of other club members. The club is open to all levels and abilities of multi-sport athletes, from first time triathletes to Ironman level competitors. The goal of the Triathlon Junkie Tri Club is to provide support, training, coaching and encouragement to all members, helping them grow as both athletes and individuals

A person's wealth should never be measured in dollars and cents. There is another measurement of wealth. It's about making the best of what nature gave you. It's about making a physical and mental change to get to the true you, or the best you possible. Triathlons are one method of doing that. Preparing for a triathlon takes conditioning of both the body and the mind. That's what this club is all about.... setting goals and striving to achieve them. Our club does not charge a membership fee. We charge much more. We expect a personal commitment on your part. Commit to a race and you will have a firm deadline that will push you to get the most out of yourself. And if you fail or DNF (did not finish) along the way... pick yourself up, be thankful for the day given to you and strive for the next goal.

Dare To Dream! Become a ***Triathlon Junkie***.

- David Smith, Club President